

About Our Staff

Integrated Behavioral Health is a privately owned, full service outpatient psychiatric practice specializing in treating and managing the emotional and behavioral needs of individuals, families, and couples in Northern Alabama and Southern Tennessee. Our team consists of Board Certified Psychiatrists (Child, Adolescent, and Adult), Certified Registered Nurse Practitioners, and Licensed Social Workers and Counselors. IBH offers a variety of different clinical approaches to help you reach your individual goals.

Ruthann M. Allison, CRNP

Ruthann comes to us with five years of experience in the medical field and is another born and bred Alabama provider. In 2013, she completed her Bachelor of Science in Nursing at the University of Alabama in Huntsville in Huntsville, Alabama. She went on to complete her Master of Science in Nursing at the University of Alabama in Birmingham in Birmingham, Alabama as a Family Nurse Practitioner. She is certified with the American Academy of Nurse Practitioners and currently works in our skilled care and assisted living facilities.



Julie Fisher Dean, LCSW, PIP

Julie received her Bachelor of Social Work degree from the University of North Alabama in 1992 and practiced primarily with children and at-risk families. In 2006, she began practicing in the field of adult mental health and after received her Masters of Social Work degree from Alabama A&M University in 2008. Julie has over 20 years of experience in the mental health field and has treated all age groups. Most recently, Julie served as a therapist in an IOP program providing individual, family, and group therapy for those with substance abuse and other related issues. She utilizes a variety of treatment options and now serves as a therapist in the Muscle Shoals office treating adults, children, and adolescents.



Amanda N. Dodd, CNRP

Amanda Dodd is an Alabama native that has been in the healthcare field since the Fall of 2010. She completed her Masters of Science at the University of Alabama in Birmingham just this past Fall and is actively pursuing Certified Registered Nurse Practitioner licensure in Alabama as well as Registered Nurse and Advanced Practice Nurse licensure in Tennessee. Her experience includes working with all age groups, but she has an interest in Alzheimer's disease and the effect it has on the patient and family also.



Kasey W. Dutton, LCSW, PIP

Kasey is a 2011 graduate of the University of Alabama with Master's degree in Social Work. Kasey has six years of experience working with children, adolescents, adults, and geriatric patients in both outpatient and inpatient settings. She utilizes cognitive behavioral therapy, trauma-focused CBT and EMDR techniques to provide counseling services in an open-minded, empathetic environment.

Sharon R. Goe, LPC

A native of Newark, New Jersey, Sharon Goe moved to Hartselle, AL in 1984 and has stayed in AL ever since. She graduated from Calhoun Community College, Athens State College, and the University of Alabama in Birmingham. She has twenty years of wide-ranging experience in the field of mental health with knowledge in treating sexual abuse, severe illness, depression, and anxiety. Sharon Goe primarily practices in our new Decatur outpatient facility.

**Crystal Taylor Gray, MA, LPC**

Crystal is a graduate of UNA with a Master's degree in Counseling and is a Licensed Professional Counselor. She worked primarily with children from 1996 to 2007 and has worked with adults since 2007. Crystal has a varied background in the counseling field; working as an Education Specialist at the Northwest Alabama Children's Advocacy Center (now the Cramer Children's Center) in Florence, Alabama and a Case Manager and Outpatient Therapist at Wellstone Behavioral Health in Huntsville, North Central Mental Health in Hamilton and at the Athens-Limestone Counseling Center. She has treated an assortment of disorders including ADHD, depression, trauma and symptoms of psychosis.

**Christie Hale, MSN, RN, CRNP**

Christie has been practicing as a nurse since 2002 and has worked in med- surg, outpatient surgery, skilled care, and in various nursing supervisory roles. She has extensive experience working with patients who have cognitive deficits. She is a 2014 graduate of Samford University with a Master of Science degree in Nursing. She received her CRNP her 2014.

**Tina Jones-Davis, MSW, LCSW, PIP, Director of Counseling Services**

Tina has worked in the field of social services since 1997. She has extensive experience working with children, adolescents, adults, and geriatric patients in both inpatient and outpatient settings. She is a graduate of the Alabama A&M University holding a Master's degree in Social Work. She became a Licensed Clinical Social Worker in 2010. Tina provides therapy for patients in the Decatur office, and also in facilities in Moulton, Decatur, and the Tuscumbia.

**Melissa Karrh, MSN, RN, PMHNP-BC, CRNP, Clinical Director**

Since 1985, Melissa has served in a variety of clinical and psychiatric settings with adults. She received her Master of Science degree in Nursing from the University of Alabama, Birmingham and became certified as a Family Psychiatric Mental Health Nurse Practitioner in 2013. She is a member of the Honor Society of Nursing- Sigma Theta Tau International.

**Sabra Keenum, MA, LPC**

Sabra is a graduate of UNA with a Master's degree in Counseling and is a Licensed Professional Counselor, and serves as IBH's Director of Marketing. She has worked in aging services since 1996, and serves as a community educator, often speaking on issues related to aging, specifically Alzheimer's disease and other dementias. Sabra has extensive experience in community mental health, inpatient geriatric psychiatry, and outpatient counseling, currently providing counseling services in IBH's outpatient offices and onsite in facilities as needed.



Carmalita Kelly, CRNP

Carmalita Kelly has been in healthcare since 1996 in Alabama starting as a Nurse Technician. After completing her Bachelor of Science in Nursing, she became a Registered Nurse in the Medical Intensive Care Unit combining services in Infusion Therapies in the home-setting. She later pursued her Master of Science in Nursing in Acute Care Nurse Practitioner, which she achieved in 2004. Using this degree, she was able to obtain experience in the areas of: Neurology, Pain Management, Urgent Care, Pulmonary Care to include Sleep Disorders (briefly), Drug Addiction/Rehabilitation at Bradford, Hospitalist at Huntsville Hospital, and Inpatient Dementia individuals with behavioral disorders at Integrated Behavioral Health.



N. Charlene McLaughlin, LCSW

N. Charlene McLaughlin received her Masters in Social Work from Florida State University in 1994. She received her Masters in Rehabilitation Counseling from Thomas University in 2000. Charlene has 21 years of counseling, program development, supervision, psychological testing and clinical evaluations in hospital, public and private outpatient mental health settings. Her areas of professional interest include: Trauma/EMDR, Mindfulness, CBT, Life Coaching, Interpersonal Neurobiology, Exploring family systems and deepening relationships. Away from Integrated Behavioral Health she enjoys traveling, photography, jazz and cooking for family and friends.



Tina McWilliams, LCSW

Tina McWilliam's has been a Licensed Clinical Social Worker for 35 years and is licensed in Alabama, Tennessee, and Mississippi. Before joining IBH, she served as Clinical Director for residential, IOP, residential and partial hospitalization substance abuse programs. She served at DHR for 15 years, and has also served as a military social worker. She specializes in treating anxiety, depression, trauma and PTSD, marital and group counseling, addictions, and family issues.



Amanda N. Morgan, CRNP

Amanda has extensive experience in behavioral mental health and nursing. She has worked in a variety of settings including hospitals, outpatient medical clinics, home health, hospice, and skilled care facilities. She received her Master of Science degree in Nursing from Samford University in 2010 and became certified that same year. She is a member of the Honor Society of Nursing-Sigma Theta Tau International.



Layla Neimann, MSW, LCSW

Layla has worked in the social service field for fourteen years and has served in several areas including child welfare, bereavement, child advocacy, and adoption. Layla earned her Bachelor of Arts degree from the University of Alabama at Huntsville in 2000, and her Master of Social Work degree from Alabama Agricultural and Mechanical University in 2011. She holds a certification in Trauma Focused Cognitive Behavioral Therapy, and has extensive experience working with survivors of trauma and diverse populations. Layla provides therapy in the IBH outpatient clinic and provides on-site services at area nursing homes and assisted living facilities.



Tay A. Nielsen, LCSW

Angie Nielsen has worked in the behavioral healthcare field since 2003, primarily in Mississippi. She received her Bachelor of Art from the University of Alabama and her Master of Social Work from Jackson State University. Initially, she started her career as a psychiatric social worker at a Mississippi acute care hospital and later became Director of Social Services. In 2007, she opened a counseling agency in Mississippi that provides therapy for children, adolescents, and families. She has also contracted with various foster care and adoption agencies to provide specialized therapy for children with abuse and neglect, disorganized attachment issues, and parenting skills. She is a Trust Based Relational Intervention practitioner and is trained in Dyadic Developmental Psychotherapy and Trauma-Focused Cognitive Behavior Therapy.

**Robin A. Pack, CRNP**

Robin began working in the healthcare field in 1997 as a licensed social worker. She completed her Associate of Science degree in Nursing in 2009 at Northeast Alabama Community College and Bachelor of Science in Nursing at Jacksonville State University in 2010. Her nursing experience includes: ICU, Hospice, Adult and Geriatric Inpatient Behavioral Health and Case Management. She received her Master of Science in Nursing from the University of Alabama in Tuscaloosa in Psychiatric Mental Health Nurse Practitioner and Family Nurse Practitioner.

**Meredith S. Pols, CRNP**

Born and raised in Huntsville, AL, Meredith Pols completed her undergraduate career from the University of Alabama in Huntsville before moving on to graduate from the University of Alabama in Birmingham with a Master of Science in Nursing in 2015. She was granted acceptance to the American Academy of Nurse Practitioners with a specialty in Adult-Gerontology Primary Care in 2015, and currently practices in Alabama.

**Suzanne L. Posey, LPC**

Suzanne Posey has lived in Huntsville, Alabama for over 15 years but is originally from Oakland, California. She graduated from the University of Alabama in Birmingham with a Master of Arts in Counseling, and was affiliated with the Mental Health Center of North Central Alabama since 1999 in a variety of roles, including Program Director. Suzanne practices mainly in our Madison outpatient clinic exercising her experience with crisis counseling, adjustment issues, depression, anxiety, and dementia.

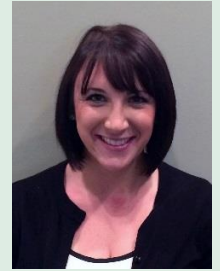
**Rebecca J. Ray, LPC**

Rebecca Ray has excelled in a variety of roles in her 24 year tenure as a professional counselor. She has experience working with gifted students as well as advanced geriatric cases, along with organization and outreach for the Veterans Services Program and involvement with the Red Bay Police Department working as a crisis negotiator. Rebecca Ray has been affiliated with many community committees over the years, including assisting in the development of "A Model Geriatric Program" for community mental health centers through the State of Alabama. She graduated from the University of North Alabama and the University of Mississippi, and will be practicing primarily in our Muscle Shoals office.



Lauren P. Ross, CRNP

Lauren Ross is a Texas native mental health provider who recently obtained her Master of Science in Nursing degree from the University of Alabama in Tuscaloosa, Alabama. She completed her Bachelor of Science in Nursing at this same institution in December of 2010. Her nursing experience is primarily in the outpatient setting treating anxiety disorders, attention deficit disorders, manic depressive disorders, mood disorders, depression, and stress management.



Thomas C. Sargent, CRNP

Thomas Sargent is an Alabama born and raised Psychiatric Mental Health Nurse Practitioner fresh from his Master of Science in Nursing degree program at the University of Alabama in Birmingham. His previous experience in the mental health field include his stints at Bradford Health Services and Alabama Clinical Schools. His nursing experience is primarily in the outpatient setting with child, adolescent, adult and geriatric mental health patients.



Tonya M. Smith, FNP

During her 13 years of experience in northern Alabama, Tonya Smith has forged a well-rounded knowledge base ranging from pediatrics and women's health to internal medicine and geriatrics. She attended the University of Alabama in Huntsville and Troy University and is also a member of the American Academy of Nurse Practitioners.



Candace Strait, LCSW PIP

Candace is a 1999 graduate of the University of Alabama holding a Master's degree in Social Work with a concentration in Children, Youth and Families. She received her Bachelor of Social Work degree from the University of North Alabama in 1995. Before coming to IBH, Candace worked in adult and geriatric inpatient psychiatric units, and in private practice. She has experience at DHR in therapeutic foster care, home health dialysis, and has served as a field supervisor for UNA social work students.



Kristin Wakefield, MSW, LCSW, PIP

Kristen is a 2003 graduate of Alabama A & M University with a Master's degree in Social Work. Kristen as provided counseling and other services in a variety of settings including hospice and public health. She also worked at Huntsville Hospital in case management and has worked with both children and adults. Kristen is a therapist at Summerford Nursing Home and other local facilities.



Kami E. Whorton, CRNP

Kami Whorton has been active in the healthcare industry since 1995. She initially began as an LPN in a long term care facility, then became an RN, then received MSN in nursing administration and finished with a post-Masters in FNP. She has been a hospitalist NP in Decatur for seven years, and has three years of experience in Mental Health setting as well.



Kerri L. Wiley, CRNP

Kerry Wiley has been in the healthcare field since 1999, primarily in Georgia. Initially she started out as a Certified Nursing Assistant and worked in a long term care facility for five years before moving on to the title of Registered Nurse, then Family Nurse Practitioner. She has been working as a Family Nurse Practitioner since 2010 and received examiner certification for the Department of Transportation in April of 2013. She also received certification as a Fundamental Critical Care Support Provider in June of 2015. She is currently holds certification through the American Academy of Nurse Practitioners. Her experience spans all age groups, and she is actively pursuing licensure in Tennessee to further expand her availability to provide quality patient care.



Mandy Wilhite, MSW, LCSW

Mandy is a graduate of Alabama A & M University with a Master's degree in Social Work. Mandy has provided counseling, social work, and case management serves in a variety of settings including hospice, outpatient mental health counseling, and has worked with children, adults, and geriatric patients for over 13 years. She is a therapist in the Muscle Shoals area and works with families and patients.

